



EOIN SCOLARD PRESENTS
THE HQ PROCESS

"LITERALLY LIFE-CHANGING."
 16 PEOPLE
 4 RESIDENTIAL WEEKENDS
 ARE YOU READY FOR CHANGE?
WWW.POSITIVELIVINGNETWORK.COM

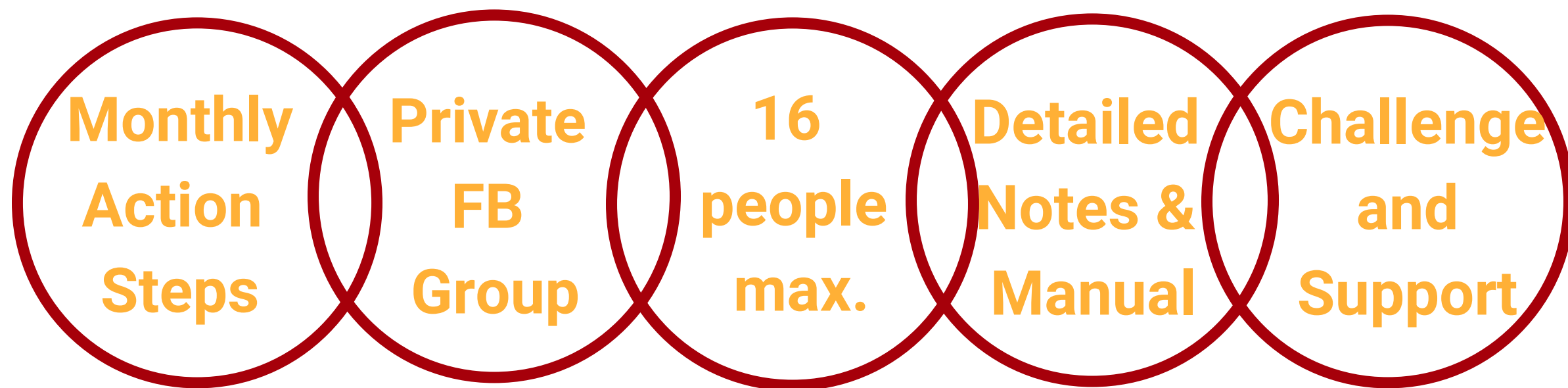
COURSE STRUCTURE

Weekend 1

Surveying The Landscape
 Building The Foundations
 Deepening Your Awareness
 Leaning Into Fear

Weekend 2

The Energy Of Emotion
 Reclaiming Individuality
 Firing Up Your Power
 Moving Into Action



Weekend 3

Opening To Love
 Communicating Your Truth
 Expressing Your Creativity
 Befriending Your Shadow

Weekend 4

Being Here Now
 Co-Creating Your Success
 Expanding Your Vision
 Integration and Mastery

OUR GOALS FOR YOU

Grounded. Open. Undefended. Authentic.
 Pro-Active. Healthy. Empowered. Creative. Whole.